

# Tools For Living Free

NUMBER 105 IN THIS ONGOING EDUCATIONAL SERIES

## The Three Qualities Of The Lord, God That Begin With An "I"

Excerpts from the Satsang, "Three Qualities of The Lord, God That Begin With An 'I'" (TAPE/CD A91)

"I want to talk tonight about Three Qualities of the Lord, God that begin with 'I.' And those of you who know me and know the way I enjoy words and playing around with them may have caught on to the fact that not only will the words begin with an 'I,' but there's something very crucial also that begins with an 'I,' OK. And it's interesting when we talk about 'I' we always talk about — from an 'I' place — we're always talking about 'I' as in ego, OK? As in that part of ourSelves that identifies with time and space and is hooked up with the false self. You know, growing up I always heard the old saying, you know, 'There's no 'I' in team,' playing sports. ... And when we come from an 'I' place in that sense of the word, from the ego — from the part of us that's rooted here — we're going to run into some trouble with these qualities, OK?"

"And the first quality of the Lord, God that starts with an 'I' is that He's irresistible, OK? And we've all heard of a good-looking person — they're so good-looking (that) they're irresistible; that person's charms are irresistible; my looks are irresistible, OK? But I'm not talking about that, OK? I'm talking about God's being irresistible, OK? That you're not able to resist Him, alright? OK, but the 'I' in the ego — and the "I" of the ego — that's what it spends its lifetimes doing: resisting, resisting, resisting. And we've talked so much about preservation — that the false self seeks to preserve itself and it seeks to continue its patterns here and seeks to continue its reincarnation — and it resists. See? And this is coupled a lot with false identification because it identifies with itself in time and space so it thinks it's resisting something outside of itself, OK? But if you take a look at it, it's resisting Itself. Well, how crazy is that? So it's rejecting Itself. You know that's an autoimmune disease, isn't it? And that's what people have, that's what we suffer from here, you know?"

"In this Talk you know you're going to learn a lot about the human race and you're also going to learn a lot about Initiates. And the human race, as it were, suffers from an autoimmune disease and that's the disease of rejecting Itself — because of false identification; OK? It thinks it's this; it thinks it's this; it thinks it's this; it thinks it's this color, that color; thinks it's from this country, this sex, this income bracket, this — whatever it is. And it's so tied up with it, OK? And it thinks it's its thoughts; it thinks it's its feelings and thinks they're real and thinks they're so important. And it resists any lifting action to anything that lifts you out of it, you know? ..."

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"... But God is irresistible, OK? Eventually, every Soul is going Home To God so eventually the Spirit will always emerge victorious, OK? And an Initiate — if It's truly acting as an Initiate — living in the Oneness of the Spirit It Is, being willing to surrender Its separation from the Spirit — gives up the resistance and goes with the irresistibility of God, OK, that 'Hey! this is our Progression; this is our flow; this is what we're flowing to. You know the river flows this way; the lake flows this way. We're flowing this way; we're flowing towards God, OK?' A river, a lake — it doesn't resist its current, you know?..."

"... we all know that the first law of Spirit is Acceptance. Why not apply it to ourSelves? Accept the Spirit we *are*, you know; God's irresistible, OK?"

"And God is also Irreplaceable. *Nothing* can ever take God's place. See, and what the Consciousness does is It tries to replace Him. That somewhere in the depth of our Consciousness, somewhere in the depth of our being we have this awareness — however dim — that we are of Spirit, we *are* God, we are more than flesh — that there's something more than popping out of the mother's womb and living life and then going to the grave. That we're more than that, OK? That we're Spirit, OK?"

"And yet we choose so many distortions, you know, for feeling alive, for feeling joy. And most choose drugs or sex or food or whatever — or drama — you know, to run a lot of negativity. Anything, anything, anything to know that it's alive. ... And we just — because of the fear of being overshadowed, being overpowered — we have this tremendous fear of just being quiet inside ourSelves and just allowing God His Place — just allowing the Soul Its due. And so we are always trying to displace It. And we're always trying to replace the Truth of Who we are with our own falsehood: 'Oh, I'm this, I'm that; I have this thought, I have that thought; I'm this, I'm that.' And we really take our crap seriously. See? And it gets so crowded in there and the garbage looks so real and we've identified with it so much that there's no room for God, you see? ..."

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"You know, and it's interesting but it's happened to such an extent that That Which is central to our Being — namely, God — is on the margins, is on the sidelines, has been displaced and replaced by all this crap — by all this garbage we use to fill our mind and our emotions, OK? But God is Irreplaceable; nothing can take Its place and every attempt to do that is unsatisfactory because the Spirit in us and the Soul — we know, we know the Truth of Who we are and everything else falls short. Everything falls short of That and we can't replace It and we can not replace It. We try; we can't do it. OK?"

"And so along with the Irresistibility of God, and the fact that He is Irreplaceable, is the fact that He's Incandescent. And He's Incandescent on all levels, OK? That the Light Of God, as it were, shines on all levels, OK? And mankind has done a fabulous job, just a fabulous job in pretending that there's darkness here and that God's Light doesn't shine here, you know. So that: 'Hey! we'll have this holiday that celebrates, you know, the Light, oil for Light, or we'll - on some holiday - we'll light this big enormous candle and that will signify the Light, OK?' But God's Light is *always* there and It's *always* burning and It's burning bright and It's in us and It's on all levels. See, He's not Incandescent just in the Inner Spiritual Worlds, of Spirit; He also burns on all the other levels, including the physical, see? But when the 'I' takes over and the ego takes over, well, then the ego's darkness, as it were, and its grandiosity and the size of it, and the more we allow it to rule, the bigger it gets, the bigger it gets, the bigger it gets, so that it 'blocks' God's Light. ..."

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"And mankind does a lovely, lovely job of pretending that God's removed and isn't here and that, as a result, if He does exist we need an intermediary. We need churches, we need ministry, we need clergy; we need all that stuff, OK? And maybe, perhaps, God may have mercy on us and hear us. And it's an ingenious way — isn't it? — of not being responsible

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for the fact that God's Light shines in us. And the more we take care of this Light, the brighter It shines. And we know that we are charged with having the 'Eye' be single. That means the focus needs to be single-minded. We need to have a single-minded focus on God — on the Spirit we *are*. And we know that means the Tenth Door ; we need to be focused 'There'; we need to *live* 'There', see? ..."

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"But there's good news here, folks, and that is that there's also the 'I' as in — remember the 'I,' the title of this Talk — 'Three Qualities Of The Lord, God That Begin With "I"?' Well, something else begins with 'I,' too. And it's not the 'I' of the ego, but it's the 'I' of the Initiate, OK? And the Initiate — and when I say Initiate I don't mean just a Soul that's been Initiated because there have been a lot of Souls that have been Initiated and they've been too 'stupid' to recognize how 'stupid' they are. They've been too 'stupid' to know that they've chosen to be under karma. ..."

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"But what does the Initiate do? Well, the Initiate is always focusing — despite the apparent reality of its own negative forcefield — It's always focusing on the Spirit that It is. And It's going for That and It's going for That and It builds strength and It builds strength and It builds strength, OK? ... "

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"And, you know, it always comes to my attention when people kind of 'explain' The Teachings and — Initiates — they're always coming from their own forcefield, their own karmic forcefield, and so they don't get it, they don't understand what It means, OK? ... "

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"So, we don't replace the Truth of the Teachings with our 'understanding of It.' But what we're always doing is we're always praying and asking God to Lift us to where the Understanding is present and we're always going with, 'Hey! OK, this is how I am looking at it; this is how I'm seeing it. Maybe it means this, but maybe that's just a "maybe" because maybe it doesn't mean that. And I don't know, so let me see, let me find out, let me walk along this Path some more and see.' And we don't replace It with: 'Ah-ha! I've got it; I understand It!' Why would you? You understand It as you understand It, you know? And we don't replace the Teachings with our thoughts and our feelings about our thoughts. And we don't go in the garbage can and replace God with our garbage — we don't do that, OK? And we're committed. ... "

"And an Initiate knows that God's Light is on all the levels and knows that whatever the Level is, even in the lower worlds — the Astral, the Causal, the Mental, the Etheric or the Physical — God's there. And God's Mercy can move in on any of those Levels 'cause we know that the Spiritual Light can move in on any level. The magnetic light can't. So God is *always, always* available on the Inner Levels. Wherever you live — even below the Spiritual Level of the Soul Realm and above — we know that God's just moving in there, you see? And that's the reality of it, OK? And you know with God all things are possible, OK?"

"But if you work The Teachings and you're an Initiate and working your Initiation *exactly as taught*, you don't leave it as 'possible'; you work it as a Co-creator with God: 'OK, you, God, and I, we're going to create x, y and z.' OK and It becomes a reality, It becomes an actuality; It's not left as a possibility.

"And the more we work with God as The Creator, the more we discover His Incandescence and that God's Light is there burning for us, and also serving as a Beacon and directing us and constantly guiding us onward. And we know that Light — if we just turn to It — It dispels the darkness; It dispels the ego; It dispels the things of the lower worlds. It dispels our fears; It dispels our sadnesses; It dispels our hurts and pains — we know that, OK? But we have to allow God's Incandescence — we have to allow Him to burn bright, OK?"

"So, OK just in closing, if you really go with the Irresistibility of God and ride The Sound Current and allow God to be central and not replace Him and just go with His Irreplaceability — nothing, nothing can ever satisfy you as God does. And allow Him to burn brightly in you as you, OK? ... "

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"And an Initiate — it starts with the letter 'I,' OK? — and an Initiate also comes to a point where the 'I' of the Initiate and the 'I' of the ego are going to turn out to be best friends. OK, and they're not going to turn into enemies and they're not going to turn into fighters fighting each other, OK? But what they're going to do is they're going to learn to work hand-in-hand, OK? And that comes about when you consciously direct your focus into God's Irreplaceability and Irresistibility and Incandescence and you use the ego in Service to the Spirit that you *are* and you use the ego to direct yourSelf to surrender to let go and to ride The Sound Current. And that's how you're strengthened and that's how It works.

"OK and we'll stop with that."

## Case Study

I have discovered such irony in my human experience! To get to the heart of it: the Purpose of my life is to Accept and Know mySelf and properly identify as the Spirit I am, to Live in Oneness, to Live Aloha (Love) and to Live as a Powerful Co-Creator with/as God. Really, to realize, accept and receive the Incandescence of God's Light as One and the same as my own! Funny thing is that even as these lines were written part of me surfaced some of what the ego, or the false self, loves to kick up: resistance, doubt, lack, unworthiness, judgments - simply put: negativity! This stuff is an inevitable part of being human and the great news is that it doesn't define who I Truly am!

One of the neat things about this planet and this life is that Spiritually, things are often inside-out and backwards. To the false part of mySelf, Surrendering negativity and attachments is seen as weak and like I am being defeated. The truth of the matter is that each time I choose to let go of hurt, pain and separation I am honoring a crucial 'I' - that of my Integrity! This is living and strengthening in my Truth; That of God; which is ultimately The True Purpose of all Life!

Here's another discovery: the negativity that comes with being on the planet is really a great Gift; all are Blessings in disguise; all serving our Divine Purpose if we use it as the Teachings of the Path of Soul Transcendence teach us! The crap we create and persist in is a brilliant way of keeping ourselves separate from God and in denial of our Divinity, our Truth. And, yet, as my Spiritual Teacher, Dr. Lane says, "God is Irreplaceable" so no matter the form of the negativity running, it can never take the place of the Lord, God!

When negativity comes up - as it did earlier when I began writing this Case Study - I make the choice to Surrender it and refocus into the Spirit I am by applying any the wealth of Tools I have access to as an Initiate of the Sound Current on the Path of Soul Transcendence. These include attending Meditation of the Light of the Most High, doing a two-part Surrender process and reading and applying *Tools For Living Free*.

Life is about Allowing God's Grace and choosing to truly Live Free. It's also about choosing into the "I" Dr. Lane calls God's Irresistibility. I've found that I live better and have more fun when I Surrender into the Irresistibility of God. The Truth of the matter is that we're all inevitably flowing back to God - whether in this lifetime or another - so I say why not just ride the Current now instead of resisting It?

## Step-by-Step

Here's a quick reference list for daily practice. Please refer to the articles for complete information.

1. Call in the Light of the Most High by saying, "For the Highest Good, Lord, God, send me Your Light!"
2. Accept the Spirit you *are*/ know that God is Irresistible by saying inside yourSelf, "Lord, God for the Highest Good, please take anything that stands between me [i.e., the "resistance"] and the Spirit I *am* from me!"
3. Tell yourSelf, "(your name) it's okay to let it go!"
4. Know that God is Irreplaceable by saying inside yourSelf, "Lord, God take whatever I am replacing you with [i.e., thoughts, feelings, emotions, food, drama, status, money, really the ego]!"
5. Tell yourSelf, "(your name) it's okay to let it all go!"
6. Allow the Lord, God to burn brightly in you by contacting any Regional Center and requesting Initiation into the Sound Current on the Path of Soul Transcendence!

For further information or to request other titles in this series contact:

**Cosmos Tree, Inc.**  
a nonprofit, educational foundation  
1461A First Ave. - #182  
New York, NY 10075  
212-828-0464  
email:spiritcentral@yahoo.com  
websites:www.cosmostree.org  
www.spiritcentral.org

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