

# Tools for Living Free

NUMBER 9 IN THIS ONGOING EDUCATIONAL SERIES

## Allowing God To Be Here For You

*Excerpts from the Satsang, "You Have God's Word" (TAPE A45)*

"I want to talk a little bit tonight on "You Have God's Word." And I want to start by saying what I mean by that.... 'In the beginning was the Word and the Word was with God' The Word means the Logos, the Sound Current, the Shabd."

"And you have God's Word. You have the Sound Current in you. That's what you are. And I also mean you have God's Word in the sense of if someone gives you his or her word you have his or her promise — that's a promise. And God has promised us one thing: to return on Home. That's the fulfillment, that's the Soul's plan. And the Divine Architect, which is God, when He designed us, so to speak, we were designed according to this Plan. And this Plan is that we go on Home to God.

"And how do we do that? But we go inside, learn to locate the Soul Body and grow in Love of Him, adoration of Him. Because that's what we do in the Soul Body. We just learn to Love Him, not having to do with any dogma, not having to do with any religion, not having to do with any creed, not having to do with anything other than direct experience, being directly with God through the gift of Initiation — that's His Promise to us. We can come to know God and know Him directly...

"But there's also a third meaning of the word and it's a crucial one because if you have someone's word you have someone's promise and ... someone who's full of promise is full of potential, right?.. You have all that potential."

"So you have all this potential in you because in you lies God dormant ... lies the living God in you. It's awakened through the Gift of Initiation and then it's up to you to actualize That. And this is why you are so very important. You're the ones, each and every one of you is so crucially important that the whole system and all of this couldn't exist without you because it's through you that God is fulfilled, that that potential, that sleeping God becomes awake. And you attune yourself to the Lord, God but that's Himself becoming awake in you. And you're waking Him and He's waking you and

then before you know it you can't tell what's the God in you and what's not and you become one and the same ...

"So, yeah, you have God's Word, you have the Sound Current in you. You have His Promise, His Word that, yeah, you're going Home, that that's part of the Divine Blueprint, that is the Divine Blueprint. But all that would be meaningless without the third ingredient: you, each individual Soul. And you, as a conscious being, as a conscious self that has free choice — listen carefully — you've got free will. You exercise the free will. You choose into God. And each choice adds and adds... and you've empowered yourself... and before you know it God's awake in you, fully awake and fully realized, but it doesn't just happen... It happens by the exercise of your free will."

"And when you think about it it makes a lot of sense because guess what? It's your free will that's earned you this body — in other words, your embodiments — because you've exercised your free will and it hasn't been, up until now, in alignment with God's Will so you get to have all the opportunities you need to learn how to create along the positive polarity, to learn how to create with God. And you get to use your body for what it was intended which is: it houses the living God and you get to use your conscious self to exercise the free will that God has given you and use it correctly."

"You've been given the Lord, God Himself. Are you going to use It?... And are you aware each and every moment of the choices you make? See, and a lot of times we're not fair to ourselves and we ... cheat ourselves and we ... take the real easy way out. So, things that seem 'so human' like, 'I'm not good enough. I'm not worthy. I don't deserve this. I can't hang out with God.' All that stuff that just seems part of who we are. So many of us in so many times, we buy into that. We buy into that stuff and that's what separates us from exercising the choice of the Word, the potential becoming actuality. And by doing that, by choosing that negative forcefield, guess what we do? We're saying,

*"We just learn to Love Him, not having to do with any dogma, not having to do with any religion, not having to do with any creed, not having to do with anything other than direct experience, being directly with God through the Gift of Initiation — that's His Promise to us."*

From the Satsang  
"You Have God's Word"



'okay, the potential is going to sit here as potential... I decided to cheat myself out of this.'

"But God's Word is our Inheritance. It's who we are, that's who we are. It's in us..." 'Tag, it's in you.' And that's the reminder... 'Hey, it's in you. You've got God's Word. The Sound Current is in you. You've got His Word, His Promise that if you follow the Teachings and do it exactly as you were taught, as instructed and live accordingly and grow in Love and grow in devotion and just be a lover of God you go Home to God ...' That's the journey of every Soul. That's what the Divine Architect put in His Plan. And I'm also here to remind how important the third part is -- to exercise your free will and your choice to make that Potential be Reality, to have God come awake in you, and alive in you ...."

"So He's placed an awesome responsibility upon us, but He's also placed an easy time and a fun

time too. Because all you have to do is allow God to wake up and be awakened in you by exercising your choice to do that each and every moment by focus, by awareness and by love."

"Okay, but you need to ask yourself a simple question. And the question is, 'I've been given a Divine Inheritance. I've been given the Living God. How do I want to use It? How do I want to use my Inheritance? ... How do I want to use this gift called life to further the Spirit that I am? How do I want to use this time on this planet to assist God in His Plan in waking Himself up, and allowing Himself to be woken up through me?'"

"He's living in me, as me — ahl ...."

*Note: For information or to ask for the Priceless Gift of Initiation contact Center for Religion and Advanced Spiritual Studies, PMB 182, 1461A First Ave., New York, NY 10021, 212-713-5398 email:spiritcentral@yahoo.com or local representative.*

## Try This

And let's just end by getting quiet, calling in the Light again, the Light of the Most High. So, "Lord, God send us Your Light." And now take a situation that you've been struggling with repeatedly (pause.) Choose to give up the

struggle and allow God (pause.)

Now, I didn't say you have to know the answer of what's going to happen, you have to replace the struggle with something or anything else like that. I just said let it go and allow God.

## Case Study

As an Initiate on the Path of Soul Transcendence I have acquired tools such as self-talk and letting go of old patterns that no longer serve me. I discovered I have the freedom to do many things that I always wanted to do. Recently I opened the first International Center for CRASS and Cosmos Tree in the Mexico, something I had always wanted to do. Very often people say to me things like "I think what you're doing is great... I wish I could do something like that" or "I have always wanted to do that but....." or "Some day maybe I'll have a chance to do what I want, etc. etc."

I explain to them that I also in the past used those same devices or excuses to keep myself stuck in situations that no longer suited me. I believe God has a way of showing us exactly what He wants for us.

All we have to do is take one step at a time toward our goal, give up the fear, the guilt, the worry, the anxiety and everything else like that. We must also surrender whatever attachment we

may have to a particular result or how we think it should manifest. I do this by "calling in the Light" and telling myself to let it go and using self-talk. These are tools I have used to let go of negative feelings and reassure myself that the result is perfect. It is necessary to remember that God is in charge anyway. Through this process of letting go and leaving the result to God I attune to His Will and truly experience the knowing of my Oneness with the Spirit.

If what we are asking for is not in God's plan how could our ego possibly make it happen?

God is not here for just me. God is here for everyone. But we have to learn to let Him help us get what we both want. That is, we have to learn to live life from a loving heart. Whatever we do we have to have it come from the God-place within us. If we think and act from that Oneness that we are with the Spirit then all the joy in the universe can't help unfolding for us.

## Step-by-Step

*Here's a quick reference list for daily practice.*

*Please refer to the articles for complete information.*

1. Call in the Light of the Most High by saying, "Lord, God send me Your Light."

2. Let something come up for you that you want in your life. Ask God for it, for the Highest Good. Ask God to show you your next step.

3. Ask God to take any worry, fear or anxiety. Tell yourself, "It's okay to let it go."

4. Trust that God is here for you and be open to how He is actively working in your life now.

5. Do what you know you need to do. This is being a conscious co-Creator with God. Ask-Allow-Receive. God's Word is that God is here living in you as you.

6. Allow God to be here for you by continually working this process.

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